

Home Detox

Today's household products contain chemicals that might pose a threat to your health and your pets. Follow these easy steps to keep your family safe – they are environmentally friendly too!

1. Make it a habit to **read the labels** of all food items – avoid preservatives if possible.
2. Look for **safe, chemical free cleaners**. Research chemical free product lines, or try natural cleaners such as baking soda, vinegar or lemon juice.
3. Ask for **low-VOC (volatile organic compound) or VOC-free paint** at your local hardware store. Conventional paint can release low-level toxins into the air for years after painting.
4. Your pet's health is too high a price to pay for a perfect lawn. **Avoid insecticides, fertilizers and herbicides** unless they are safe for use around pets.
5. With your furniture off-gassing and your walls leaching toxins, why don't you **open your windows and let some air flow**? Your home needs a fresh breath of air just like you do!